



OUR NOVEMBER MEETING

Structure and Process in Psychotherapy **Charles N. Harris, Ph.D.**

How structure is brought to the therapeutic alliance creates a container within which the psychotherapy process and the development of the self unfold. This presentation will address the complex and important relationship between structural variables (i.e. fees, appointment times, policies etc.) and process variables (i.e. transference, counter-transference, projective identification etc.) in the psychotherapy experience.

Dr. Charles Harris holds a Ph.D. from the University of Georgia and has practiced psychotherapy in the Bay Area for over 40 years. He has taught at numerous schools including CSPP Berkeley, Lone Mountain College, University of San Francisco, and Langley Porter UCSF. He has taught many workshops and seminars and served as consultant to numerous mental health professionals. He received a special commendation for his outstanding contributions in psychology by the Division of Education and Training of the State Psychological Association.

Dr. Harris is a very popular presenter and always challenges us with clear, thought-provoking, dynamic talks. You won't want to miss this meeting!

November 9th RECAMFT Meeting

10:30 - 11:00 social & sign in

11:00 – 1:00 meeting

Structure and Process in Psychotherapy **Charles N. Harris, Ph.D.**

ODD FELLOWS TEMPLE/MERCER HALL, 545 PACIFIC AVE, SANTA ROSA

IF THE PARKING LOT IS FULL, YOU CAN PARK AT THE J.C. GARAGE ACROSS MENDOCINO AVE. FOR \$3 OR ASK PERMISSION TO PARK AT THE EGGAN AND LANCE MORTUARY. IF YOU DO NOT ASK THE COST OF TOWING IS \$225.

December 14th, 2012

Healing in Relationship/Using Somatics in Couples Therapy

Kitty Chelton, MFT & Theresa Beldon, MFT

January 11th, 2013

Internet Marketing for Therapists: The Five Elements of a Client-Attracting Website **Uriah Guilford, MFT**

MEETINGS ARE OPEN TO ALL ~ NON-MEMBERS PAY \$5 (OR \$15 FOR CEUS)

SEE PAGE 7 FOR ALL 2013 PROGRAMS

President's Message

Hal Forman, LMFT



"If the only prayer you said was thank you, that would be enough."

Meister Eckhart

Gazing out my bedroom window, I see the ripening persimmons on our tree and am struck by the beauty and abundance that surrounds me. I am also reminded of the changing of the seasons, and how seemingly fast the time goes. Here we are in November, with winter on its way, and I'm sitting with a bit of sadness, but much gratitude.

I've been blessed this past year to be part of a wonderful group of therapists, both those on our Board, and all the members I've had a chance to meet and interact with. I've been pleased, and at times amazed, at the quality of our presenters at our monthly meetings, as well as the thoughtfulness and depth of the discussions that so often happen at the meetings. I've had the opportunity to work with and get to know a dedicated group of volunteers that make up the board and committees that keep the organization alive and well. Thanks to all of you -- (you know who you are)! I'm grateful for having the opportunity to serve as president of RECAMFT, and look forward to continuing to work with our incoming president, Lani Lee, our new Administrative Consultant, Pam Ward, and the rest of the board.

May each of you find time during this season of harvest and Thanksgiving to remember all the blessings that surround us every day. Friends, family, our clients, our pets, the beauty of nature -- take time to notice and remember how bountiful this life is. I look forward to seeing many of you at the next membership meeting on November 9th.

Blessings,
Hal

Hal Forman, MFT, has a private practice in Sebastopol, where he works with individuals and couples, utilizing

somatics, mindfulness and EMDR to help clients move toward greater integration and wholeness. He can be contacted at 707-829-6880, or hforman@sonic.net.

RECAMFT TEAM

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486-2947

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Doug Silberstein 583-2353

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NEWSLETTER

Editor/Formatting: Gail Van Buuren 494-4198

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Michael Krikorian

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5150 Raffle: Joyce Higgins 522-0402

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Hospitality: Patricia Ross

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Community Outreach: Kate Maxwell 237-8900

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STAFF

Administrative Consultant:

Pamela Ward 575-0596

RECAMFT Survey Results

By Judith Peletz

Last spring, many of you filled out a RECAMFT survey form during one of our speaker meetings. Those of you who did not fill out the survey should have received a phone call from a board member asking you to fill out a survey on our website or else answer questions over the phone. Many more of you responded. Thank you!

We received a total of 84 responses which is approximately one third of the chapter's membership. The overall tone of the responses was positive. Nearly everyone responding to the survey agreed with the statement, "My overall experience with RECAMFT is positive and I would recommend this organization to my colleagues" (57% strongly agree and 37% agree).

About half of you indicated you regularly attend our monthly meetings and a quarter of you do not attend meetings at all. The most common reason for not attending the meetings was the day or time of the meeting. However, as would be expected, there is no good day/time for everyone. We all have such different schedules. Of those attending, it seems the majority of you find the personal introductions helpful (62% yes, 11% maybe) but a number of you indicated that just 20 or 30 seconds is plenty for each person to briefly state the kind of therapy they do. A few of you had suggestions for how we might increase attendance. These have been given to Board members including Cat Capitani, membership chair.

In terms of types of presentations, as one would expect nearly everyone appreciates topics specific to psychotherapy theory or techniques. Over half of people responding are interested in topics related to building or operating a private practice. Fewer members are interested in topics related to adjunct services that might benefit our clients, but still a sizable number. (44% yes, 20% maybe). We received 33 excellent suggestions for topics or speakers who were recommended either for our speaker meetings or for daylong workshops. That list will be very helpful in planning future meetings by the Programs Committee (Judith Peletz, Michael Krikorian, Debbie Oliver, and Doug Silberstein) and the Conference Chair, Cynthia Halliday.

Our RECAMFT newsletter is read by a large majority (88% read it regularly and 9% said maybe) of those who responded. "The President's Message" and "What You Missed" were read by most of the readers as was the presenter's introduction that appears on the first page. A few of you indicated you'd rather receive the newsletter via e-mail. We plan to contact you personally, but if we haven't done so, please change your preference online at the RECAMFT website. Gail VanBuuren, our newsletter editor has been forwarded a list of the numerous interesting topics for articles or columns that were suggested for the newsletter.

The majority of members who responded appreciate the RECAFMT website. The majority use it (52% yes, 13% maybe). A bigger majority (62% yes and 13% maybe) have figured out how to change their profile online. Some suggestions were given about how the website could be more useful. These suggestions have been passed on to our webmaster. Michael Montgomery. He is following up.

Many of the respondents would like to be more active in the chapter leadership but have not much time to devote to it on a regular basis. We did get 4 people who said they might be able to help with mailing and 20 people who said they might be able to help as needed. A big thank you to you all! The list of names has been given to RECAMFT board members. We will be contacting you!

Finally, most of the people who responded are aware of the Yahoo Group (61%) and many have joined (34%). A few people indicated they need assistance joining. Their names have been forwarded to Myron Walters for follow up.

A big thank you goes to all of you who shared your opinions and wonderful suggestions with us. We very much value your ideas. As your Board, we are always striving to improve our chapter in terms of serving your needs. Please feel free to give any of us on the Board feedback whether you filled out a survey form or not. If we do not contact you, please call us! We are here to serve YOU!

A huge thank you goes to those who helped with telephoning: Lainey Sohler Gayler, Marie Piazza, Bob Dalzell, Gail VanBuuren and Susan Hartz. It takes all of us working together to make our chapter great!

What You Missed *By Doug Silberstein*

At the October, 2012 RECAMFT meeting, Beth Krohn, MFT gave a very informative presentation on working with unrecognized ego states. She described the function that ego states play in forming a sense and expression of self on a continuum of mental health from most to least integrated, and she shared ideas for how to work therapeutically with those clients lacking integration.



Beth Krohn listens to a member's question.

The key to mental health and well-being in this model lies in increasing one's capacity for experiencing the self as a unified whole within which there is a fluid and flexible integration of ego states rather than polarization or splitting. This allows for a healthy differentiation of roles in one's life; an understanding that we have different "parts" of us that get expressed in different contexts but these parts function within a conscious, cohesive and coherent sense of self.

Beth defined an ego state as an engrained neural network that manifests as a discrete experiential system or state of mind that is evoked by environmental cues triggering internal sensitivities or associations. Conflicts between ego states often lead to psychological distress like anxiety, and self-destructive behaviors like substance abuse. Traumatic experiences put individuals at risk of moving further down the continuum toward greater dis-integration, and the degree of distress and dysfunctionality depends upon the degree of the splitting of ego states into dissociated, undifferentiated yet rigidly boundaried experiences of self.

Beth used this model to explain PTSD symptomology as well as how different kinds of exposure to traumatic

experience and the resultant degrees of dissociation can lead to the experience of having two or more "selves". These selves are ego states or parts that can live in such conflict within the individual as to sometimes be experienced as dangerous to each other. Using contemporary professional terminology (that she's not thrilled with), Beth described these parts as the *emotional part* (EP) and *apparently normal part* (ANP.) The EP is the neural network of the past - the child state still living in immediate relationship to or in defense of the trauma; and the ANP is the ego state that tries to manage and defend against the EP. The greater number of EPs and ANPs, the greater degree of psychopathology.

Beth works to make contact with the unrecognized child states and highlighted the fact that the therapist needs to bring the past into the present (not just talk about it) in order to be able to heal it; but it is too risky to do that without the client having a great enough capacity to resource, so that is an essential part of the therapy. Beth is in private practice in Sebastopol, working with individuals all along the ego state continuum to separate out and then integrate child ego states with appropriately resourced adult states.

Doug Silberstein, MFT has a general private practice in Santa Rosa and San Rafael with a focus on working with couples and parents. He primarily employs existential-experiential, intersubjective and attachment-based approaches in working with his clients and can be reached at 707-583-2353.



Meg Tinsley, Lanie Abrams, Kate Maxwell & Katy Byrne during attendees' introductions



Referring to an Outdoor or Residential Treatment Program?

Educational consultants, in collaboration with referring mental health professionals, work with families to identify appropriate therapeutic treatment options for struggling students. Bob Casanova is an experienced, licensed marriage and family therapist (MFT) who provides realistic, comprehensive recommendations to Therapeutic Schools, Residential Treatment Centers and Outdoor Therapeutic Treatment Programs for teens and young adults who need help coping with such challenges as:

- Drug or alcohol abuse/dependence
- Learning differences
- Social, emotional or psychiatric concerns
- Self harm
- Eating disorders
- School failure or refusal
- Adoption/attachment issues
- Asperger's/PDD/NLD
- Family conflict
- Loss and grief
- Divorce

BOB CASANOVA Educational Consultant
and Licensed Marriage & Family Therapist
Affiliated with McClure Mallory & Baron
1160 North Dutton Avenue, Suite 250 | Santa Rosa, CA 95404
707.526.5800

MYOB*
(*Mind Your Own Business)
by Marie F. Piazza

Let's talk about marketing!

So, you are (obviously) still reading...

What was your reaction to the word "marketing"?

I used to constrict my breathing at the word, then roll my eyes and take a deep sigh. But I am changing that. Now, I get a little burst of excitement at the thought of really letting the people who need to know become more fully acquainted with my work. I have finally decided that being clear, honest and articulate about my unique skills and passion as a psychotherapist actually feels pretty good.

How did I change my attitude from "I hate marketing and I am just not good at it" to "Who else can I let know about what I have to offer as a therapist"? Several seemingly small things have made a big difference. First, I read a book entitled Quiet: the Power of Introverts in a World That Can't Stop Talking, by Susan Cain. In her thoughtful and well-written book, the author cites research that validates over and over again my personal experience as an introvert. She makes a very strong case for the strengths and contributions of the

introvert. She underscores how our society caters to the extrovert, and how much richness is lost in the process. Moreover, Cain clearly encourages introverts to reclaim that power. While I don't have room to review the entire book here, I will let you know that my two favorite chapters are titled: "The Myth of Charismatic Leadership" and "Franklin was a Politician but Eleanor Spoke out of Conscience". (There is also a section subtitled "The Secret of Public Speaking for Introverts" which I can really relate to.)

Inspired by Cain's book to start embracing my introversion as an asset rather than a liability, I have decided to do marketing the way I like to do marketing. So, instead of listening to endless admonitions about "getting out there" (from very well-meaning folks, mind you) I have decided to follow through only on those ideas which really appeal to me. In retrospect, that may seem like a no-brainer! The reality is (at least as far as marketing is concerned) that I have been acting as if my quiet style and gentle approach is somehow not as effective as the therapist who is outspoken and bold. Now I take delight in spending my marketing time doing those things that I truly enjoy. One of those things of course, is writing. I find opportunities to write in my position as Secretary for RECAMFT, as a columnist for this newsletter, and in my online newsletter, **Moonburst!**

I look forward to sharing more ideas over the next few months. Until then, please: Mind Your Own Business!

*Marie F. Piazza, MFT has been in private practice in Sonoma County since 1992. She can be reached at (707) 570-3940 or email her: mfpmt@att.net. Take a look at Marie's free e-newsletter called **Moonburst! Support for Helping Professionals through Creativity, Spirituality and Sexuality** on her website: www.mariefpiazza.com.
(Mind Your Own Business)



Kris Spangler and President Elect, Lani Lee share some snacks and a laugh before the meeting.

November 5150 Raffle



At our November meeting we have an encore donation for the 5150 Raffle by Shelly Murphy. Shelly is a very experienced hair stylist in Santa Rosa who possesses a respectful warmth, wisdom and much skill in her chosen field.

Shelly offers the winner of the 5150 Raffle a free shampoo, conditioner, hair trim/cut and styling. If you win and cannot use her services for yourself for any reason, Shelly will offer you a gift certificate so that you can make someone special happy for the holidays.

Shelly is located at Rascals Hair Studio (formerly First Class Studio) at 450 Tenth Street, two doors west of Mendocino. You can reach her at 546-5595 to set up your appointment or obtain your gift certificate. This is a \$45 donation. We again thank Shelly for her generosity.

Joyce Higgins will be fulfilling her role as 5150 Chair just until January. This position is fun because you have an opportunity to meet many different kinds of care-givers in our community and offer them an opportunity to advertise what they do in our newsletter. At the same time, you get your name and number in each issue so that no one can forget that you are still around and active! For more info, contact Joyce at 522-0402 or 665-9600.

The 5150 Raffle is held every month at the RECAMFT general meeting. All attendees are eligible to win. Winners please contact the person donating the service WITHIN 6 WEEKS. PLEASE PASS THE 5150 PRIZE TO SOMEONE ELSE IF YOU ARE NOT ABLE TO TAKE ADVANTAGE OF THE OFFERING. If anyone has ideas about people who might be interested in donating future 5150 prizes, please contact Joyce Higgins at 522-0402. Enjoy! (For winners of the raffle, please give Joyce feedback about the service you receive 707 522-0402)

ETHICS ROUNDTABLE

The Ethics Roundtable meets once each in the Fall, Winter, and Spring. Our meetings are warm, informal and welcoming, encouraging discussion of sometimes sticky issues. Topics may come from our clinical practices, or be generated by other ethical concerns brought in by one of us.

The meetings are informative, stimulating and enjoyable. RECAMFT members are invited to attend. No ongoing commitment is required.

Next Meeting – Friday, January 25, 2013

1:30 - 3:00 pm

More information? call Coralia Serafim at 781-0133

Gottman Professional Training

Presented by Senior Certified Gottman Therapist
Lisa Lund, CRC, MFT #33393

Research-based
Training
Created by
Drs. John
and
Julie Gottman



LEVEL 1:
**Bridging the
Couple Chasm**

LEVEL 2:
**Assessment,
Intervention &
Co-Morbidities**

Gottman Couples Therapy—A New Research-Based Approach!
Receive a \$100 discount if you register for both trainings at the same time!

LEVEL 1: Oct. 19 & 20, 2012

Fri. & Sat. 9:00am - 4:30pm 11 CEU's

This 2-day workshop will prepare you to begin using the Gottman Method in your practice immediately. For MFT, LCSW & PhD's.

LEVEL 2: Nov. 7 — 10, 2012

Wed. - Sat. 8:30am - 5:00pm 26.5 CEU's

This 4-day workshop will take you to the next level of practical application using the Gottman Method in your practice immediately.

Both Held at Country Residential Retreat, Sebastopol, CA
REGISTER AT www.TrainingForCouplesTherapy.com

Conversations for Connection An Eight Week Relationship Education and Support Group for Couples

Based on the book *Hold Me Tight,
Seven Conversations for a Lifetime of Love*
By Dr. Sue Johnson

**New groups are forming bi-monthly
for heterosexual and LGBTQI couples**

**Facilitated by:
Claudia Haskel, MA, Marriage and Family
Therapist Registered Intern, Supervised
by Sarah Jolley, LMFT #40785**

Registration Fee: \$325 per couple

For more information or to register:

707-595-0049

**www.claudiahaskel.com
claudiahaskel@gmail.com**

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or email coralee.cb@gmail.com
for more information

Ads & Announcements

Office Space

Therapy office sublet near downtown Santa Rosa. Great office & colleagues. Flexible hrs. Call Shonnie Brown at Chinn Street Counseling Center. 526-4353.

Two offices for rent, downtown Santa Rosa, in a Victorian house with therapists' offices. Included are waiting room, kitchen, copier, parking and utilities. Call 527-8800

Sebastopol Therapy Office Sublet. Lovely office with sand tray and waiting room. Available all day Friday, Monday and Tuesday. Susan-Amanda 415 302-8185

Bulletin Board

Looking for an MFT Intern to join our small and vibrant Counseling Department at Verity, previously United Against Sexual Assault. One year commitment of seeing up to 10 clients/week, stipend included. Call Lanie at 538-7203 or email her at labramz@sonic.net <<mailto:labramz@sonic.net>> for info.

RECAMFT Programs 2012-2013

January 11, 2013

Uriah Guilford, MFT

Internet Marketing for Therapists: The Five Elements of a Client-Attracting Website

February 8, 2013

Ilene Wolff, MFT, RDT

Facing the Angry Client – 5 Easy Steps to Prevent Premature Termination

February 15, 2013

CAMFT's David Jensen, JD

What the Law Expects of Me: Part III

March 8, 2013

David Keip & Michelle Keip, RN, PHN & Jan Ogren, MFT

Helping Clients Perceive and Consciously Change their Patterns of Relating to Others

April 12, 2013

Joe M. Persinger, PhD

Contemporary Perspectives on Chronic Pain: Identification and Treatment

May 10, 2013

L. Reyna Seminara, LMFT

Helping Clients Heal from Trauma Using Bilateral Stimulation Techniques

June 14, 2013

Steven H. Sulmeyer, JD, PhD

Psychotherapy and Spirituality

REDWOOD EMPIRE CHAPTER, CALIFORNIA ASSOCIATION
OF MARRIAGE & FAMILY THERAPISTS
PO BOX 2443, SEBASTOPOL, CA 95473

The
Redwood
Empire

Therapist

Telephone/Fax: 707 575-0596

Email: therapy@recamft.org

Website: www.recamft.org

RETURN SERVICE REQUESTED

November Issue

RECAMFT HONORS PAST PRESIDENTS

Elaine Sohler Gayler	2011
Cynthia Halliday	2010
Susan Hartz	2009
Kate Maxwell	2008
Gail Van Buuren	2007
Diana Poulson	2005-2006
Joan Logan	2004
Judith Goleman	2003
Ange Stephens	2002
Christopher Doyle	2001
F. Michael Montgomery	2000
Julie Green	1999
Jan Lowry-Cole	1998
Rhaea Maurel	1997
Paula Hall	1996
Kitty Chelton	1994-1995
Don Scully & Randi Farkas	1993-1994
Hari Meyers	1992-1993
Grace Harris	1991-1992
Richard Alongi	1990-1991
Diana Young	1989
Andrew Leeds	1988
Carleita Schwartz	1987
Christine Bucholz	1986
Thomas Hedlund	1982-1985
Rick Mawson	1980-1982

NEWSLETTER COSTS & DEADLINES

Line ads and announcements:

Members - \$5 per line

Non-members - \$12 per line

Flyers inserted in newsletter - \$100

Mailing labels - Members - \$65

Non-members - \$125

Display ads: Full page - 9.75" x 7.5" = \$200

Half page - 4.75" x 7.5" = \$110

Quarter page - 4.5" x 3.5" = \$60

Eighth page - 2" x 3.5" = \$35

10% discount for 5 month ad Commitment

20% discount for 10 month ad commitment

Deadlines:

Articles (500 words max) - 15th of the month

Advertisements - 15th of the month

For more information call, fax, or email:

707 575-0596 or therapy@recamft.org

NEWSLETTER DISCLAIMERS

The opinions and points of view in the articles contained herein do not necessarily reflect that of the Board of Directors of RECAMFT or of CAMFT. Authors' contact information is included. Submitted articles may be edited and are published at our discretion depending on space and relevance to our readers' professional interests.

Virginia Gina Crozier **Licensed Marriage & Family Therapist MFT 42922**
Phone: 707-695-3207
Website: www.sonomafamilycounseling.com

Address: 625 Cherry Street
Santa Rosa, CA 95404

Emphasis: Coaching, Cognitive Behavioral Therapy, Family Systems Therapy
Population Treated: Children

Cynthia Engel **Licensed Clinical Social Worker LCS 12263**
Phone: 707-528-2117
Website: www.cynthia-engel.com

Address: 1815 Fourth Street
Santa Rosa, CA 95404

Emphasis: Adults Abused as Children, Depression, Post Traumatic Stress, Self Esteem Issues, Attachment Theory, Play Therapy, Ego State Therapy
Population Treated: Adolescents, Adults, Children

Jail Fairfax, Psy.D. **Licensed Marriage & Family Therapist MFT 25636**
Phone: 707-526-2580
Website:

Address: 2455 Bennett Valley Rd, B-208
Santa Rosa, CA 95404

Emphasis: Anxiety, Chronic Illness, Post Traumatic Stress, Self Esteem Issues, Victims of Crime, Brief Therapy, Client Centered Therapy, EMDR

Mary Fiumara **Licensed Clinical Social Worker LCS 24929**
Phone: 707-236-2894
Website: www.maryfiumara.com

Address: 1815 Fourth Street
Santa Rosa, CA 95404

Emphasis: Eating Disorders, Gay/Lesbian/Bisexual Issues, Life Transition Issues, Post Traumatic Stress, Self Esteem Issues, Cognitive Behavioral, Therapy, Psychodynamic Therapy, Feminist

Population Treated: Adolescents, Adults, Families

Denise Galt **Licensed Clinical Social Worker LCS 20702**
Phone: 707-330-5321
Website: www.denisegalt.com

Address: 7 Fourth St, Suite 19
Petaluma, CA 94952

Emphasis: Addictions, Codependency, Grief & Loss, Mood Disorders, Relationships, Imago Relationship Therapy, Integrated/Eclectic Therapy, Psychodynamic Therapy

Population Treated: Adults, Individuals, Singles

Gail Gonick-Hallows **Intern Marriage & Family Therapist IMF 67294**
Phone: 707-544-0444
Website:

Supervisor: Steve Lee, MFT 30243
Address: 37 Old Courthouse Sq, Ste 100
Santa Rosa, CA 95404

Emphasis: Anxiety, Expressive Arts Therapy, Grief & Loss, Parenting, Pregnancy/Childbirth, Client Centered Therapy, Depth Therapy, Play Therapy
Population Treated: Adolescents, Adults, Children

Deborah Morris **Licensed Clinical Social Worker LCS 6189**
Phone: 415-383-3469
Website: www.learnrowheal.com

Address: 315 E Cotati Ave, Suite G
Cotati, CA 94941

Emphasis: Dreamwork, Gay/Lesbian/Bisexual Issues, Mind/Body Issues, Relationships, Self Esteem Issues, Attachment Theory, Eclectic (Many Therapies), Voice Dialogue Therapy

Population Treated: Adults, Couples, Seniors

Cathleen Read **Licensed Clinical Social Worker LCS 22035**
Phone: 707-758-0160
Website:

Address: 633 Cherry Street
Santa Rosa, CA 95401

Emphasis: Abuse, Grief & Loss, Life Transition Issues, Trauma, Women's Issues, Attachment Theory, EMDR, Psychodynamic Therapy

Population Treated: Adults, Couples, Individuals

Lauri Rappaport **Licensed Marriage & Family Therapist MFT 51052**
Phone: 707-925-2370
Website: www.focusingarts.com

Address: Santa Rosa, CA

Emphasis: Communication Skills, Consultation/Training, Expressive Arts Therapy, Life Threatening Illness, Relationships, Art Therapy, Client Centered Therapy, Focusing-Oriented Therapy

Population Treated: Couples, Groups, Individuals

Lee Rosenstein **Intern Marriage & Family Therapist IMF 67135**
Phone: 530-355-1156
Website:

Supervisor: Virginia Gina Crozier, MFT 42922

Address:

Emphasis: Creativity, Parenting, Personal Growth, Relationships, Spiritual/Religious Issues, Depth Therapy, Gestalt Therapy, Humanistic/Existential Therapy

Population Treated: Families, Individuals, Single Parents
