



# SONOMA COUNTY MENTAL HEALTH RESOURCES

**Student Health Services** at Santa Rosa Junior College

If you are experiencing a **psychiatric emergency**, please contact  
Sonoma County Mental Health Emergency Services at: (707) 576-8181  
or go to Psychiatric Emergency Services 3322 Chanate Road Santa Rosa 95404

SRJC students may access **SPS's Drop-in services** at SRJC Monday through Friday at 1:30 pm on the Santa Rosa campus, and Tuesday & Thursday at 1:30 pm on the Petaluma campus.

## 24 HOUR LINES / CRISIS INTERVENTION

### **Suicidal Thoughts**

(800) 273-8255 [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

### **Veteran's Crisis Line**

(800) 273-8255, press 1 [www.veteranscrisisline.net](http://www.veteranscrisisline.net)

**Verity** formerly known as United Against Sexual Assault

(707) 545-7273 [www.ourverity.org](http://www.ourverity.org)

### **Men Evolving Nonviolently**

(707) 528-2636 [www.sonomacountymen.org](http://www.sonomacountymen.org)

### **Alcoholics Anonymous**

(707) 544-1300 [www.sonomacountyaa.org](http://www.sonomacountyaa.org)

### **YWCA Domestic Violence Services**

(707) 546-1234 [www.ywca.org/sonomacounty](http://www.ywca.org/sonomacounty)

Women's Emergency Shelter

(707) 546-7115

## SONOMA COUNTY DEPARTMENT OF HEALTH SERVICES

### BEHAVIORAL HEALTH

(707) 565-6900

3322 Chanate Rd., Santa Rosa, CA 95404

[www.sonoma-county.org/health/about/behavioralhealth.asp](http://www.sonoma-county.org/health/about/behavioralhealth.asp)

For individuals with serious and persistent mental disorders

## SLIDING SCALE COUNSELING & SUPPORT RESOURCES

### **SOS Community Counseling**

[www.soscounseling.org](http://www.soscounseling.org)

Santa Rosa 284-3444; Cotati 242-6646; Petaluma 773-7760; Sebastopol 200-3846; Larkspur 415 254-2851

Very low sliding scale; no session limits

### **Lomi Psychotherapy Clinic**

(707) 579-0465, ext. 227

534 B Street, Santa Rosa, CA 95401

[www.lomi.org](http://www.lomi.org)

### **Chrysalis Community Counseling Services**

(707) 545-1670

1821 Fourth Street, Santa Rosa, CA 95404

[www.chrysaliscounseling.org](http://www.chrysaliscounseling.org)

Provides feminist therapy; all female staff; women & men welcome

### **Community & Family Services Agency**

(707) 545-4551

Does not take Medicare/Medi-Cal; Bilingual counseling staff

Santa Rosa: 2255 Challenger Way Suite 106 Santa Rosa, CA 95401

[www.community-family-services.org](http://www.community-family-services.org)

Sebastopol: 477 Petaluma Avenue Sebastopol, CA

Guerneville: 16390 Main Street Guerneville, CA (Russian River Center)

### **Santa Rosa Community Health Centers**

[www.srhealthcenters.org](http://www.srhealthcenters.org)

**PSYCHIATRY & PSYCHOTHERAPY AVAILABLE at all 3 locations**

Accepts: Medi-Cal, Medicare, CMSP, Healthy Families, FamilyPACT, Gateway/CHDP-- & can go there to apply for Medicare...

#### **Brookwood Health Center (incl. "A" Street Clinic)** (707) 583-8700

(formerly "Free Clinic") This is a walk-in, first-come, first-served agency

983 Sonoma Ave Santa Rosa, CA 95401

For those who are homeless or uninsured; drop-in services; urgent issues; also a quick point of entry into SR Health Center system

#### **Southwest Community Health Center at Lombardi** (707) 547-2222

751 Lombardi Court Santa Rosa, CA 95407

Non-urgent; will first establish with primary care doctor and then see mental health provider; can apply here for CMSP; Path2Health

#### **Vista Family Services (formerly Chanate)** (707) 303-3600

3569 Round Barn Circle Santa Rosa, CA 95403

Non-urgent; will first establish with primary care doctor and then see mental health provider; can apply here for CMSP; Path2Health

FOR LOCATIONS, HOURS & SERVICES PROVIDED BY STUDENT HEALTH SERVICES, GO TO [www.santarosa.edu/StudentHealthServices](http://www.santarosa.edu/StudentHealthServices) OR CALL 524-1595



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## Angela Center

535 Angela Drive, Santa Rosa 95403

(707) 528-8578

[www.angelacenter.com](http://www.angelacenter.com)

## La Luz Bilingual Center (Bilingual available)

17560 Greger Street, Sonoma, CA 95476

Need to be referred for other bilingual services & then may obtain limited therapy at no cost

(707) 938-5131

<http://laluzcenter.org>

## Psych Strategies

1160 North Dutton Ave, Suite 230, Santa Rosa (& also in Petaluma)

Not a low-fee agency but does take all insurance & usually no wait list

(707) 526-8300

[www.psychstrategies.com](http://www.psychstrategies.com)

## Jewish Family and Children's Services

1360 N. Dutton Ave Suite C, Santa Rosa, CA 95404

Not low cost but does provide a wide range of therapy services

(707) 571-8131

[www.jfcs.org/sonoma-county](http://www.jfcs.org/sonoma-county)

## NAMI (National Alliance on Mental Illness)/Sonoma County

1300 N. Dutton Ave Suite A Santa Rosa, CA 95404

Support groups & classes for those w/severe & persistent mental disorders; FREE

(707) 527-6655

[www.namisonomacounty.org/](http://www.namisonomacounty.org/)

## CPI California Parenting Institute

3650 Standish Ave Santa Rosa, CA 95404

Counseling for kids 3-18; classes for parents

(707) 585-6108

[www.calparents.org](http://www.calparents.org)

## Men Evolving Nonviolently –peer-led groups

Groups in Petaluma and Santa Rosa

Contribute 1 hr of your pay, \$10/session, and scholarships available

(707) 528-2636

[www.sonomacountymen.org](http://www.sonomacountymen.org)

## Positive Images – LGBTQ support and peer groups

312 Chinn Street Santa Rosa, CA 95404

For teens and young adults

(707) 568-5830

[www.posimages.org/](http://www.posimages.org/)

## Sutter Hospice Bereavement & Grief Groups/Indiv Counsel

1110 N. Dutton Ave Santa Rosa, CA 95404 \*FREE\*

[www.suttervnaandhospice.org/support/support\\_NorthBay.html](http://www.suttervnaandhospice.org/support/support_NorthBay.html)

## Verity (formerly known as "United Against Sexual Assault")

835 Piner Road, Suite D Santa Rosa, CA 95403

Indiv counseling + free support groups for sexual assault

(707) 545-7270

[www.ourverity.org](http://www.ourverity.org)

## TO THE SOUTH & THE NORTH: PETALUMA, MONTE RIO / GUERNEVILLE & CLOVERDALE

### Petaluma Health Center

1179 North McDowell Blvd. Petaluma, CA 94954

Non-urgent; first establish w/ primary care doc & then see mental health provider; PSYCHIATRY AVAILABLE; apply here for CMSP;Path2Health

(707) 559-7500

[www.phealthcenter.org/](http://www.phealthcenter.org/)

### Petaluma People Services Center

1500A Petaluma Blvd. South Suite A, Petaluma, CA 94952

(707) 765-8488

[www.petalumapeople.org](http://www.petalumapeople.org)

### Hope Counseling (Christian counseling)

941 B St., Petaluma, 94952

(707) 763-9484

[www.hopcounselingpetaluma.com](http://www.hopcounselingpetaluma.com)

### Russian River Counselors

19375 Hwy 116 Monte Rio (near Guerneville) 95462

(707) 865-1200

<http://www.rivershrink.com/>

### Alexander Valley Regional Medical Center

4 Tarman Drive, Cloverdale 95425

(707) 894-4229

[www.avrmcorg.org](http://www.avrmcorg.org)

## ONLINE RESOURCES

There are many other mental health resources available in Sonoma County. An excellent site for online resources is maintained by Sonoma County's Department of Human Services: <http://www.211wc.org/>

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## ALCOHOL AND DRUG TREATMENT SERVICES

### ***Certified Outpatient Treatment Programs:***

#### **Drug Abuse Alternatives Center (DAAC)** 2403 Professional Drive Santa Rosa, CA

(707) 544-3295  
[www.daacinfo.org](http://www.daacinfo.org)

- 3 months plus
- Adults and Youth (12 years old and above), men & women, bilingual/bicultural Spanish available
- Individual and group counseling for individuals and families.
- Accepts private pay, Medi-Cal/Minor Consent Medi-Cal, some insurance and county-funded clients

#### **California Human Development (CHD)** 3315 Airway Drive Santa Rosa, CA

(707) 521-4737

- *Outpatient Services for adult men and women.* Individual and group counseling. Services offered in light, moderate and intensive levels in both day and evenings.
- Accepts private pay, Medi-Cal, county-funded and sliding scale clients. *No one turned away due to inability to pay.*

### ***Licensed Residential Treatment Programs:***

#### **Turning Point (DAAC) Residential Treatment** 440 Arrowood Drive, Santa Rosa, CA 95403

(707) 284-2950  
[www.daacinfo.org](http://www.daacinfo.org)

- 30-270 days; 134 bed capacity
- Adult Co-ed program for clients with primary AOD diagnosis; Also, dual-diagnosis track
- Accepts private pay, (some) insurance, county-funded clients, sliding scale and community beds available. *No one turned away for lack of funds.*

#### **Athena House (California Human Development Corp.)** 1539 Humboldt, Santa Rosa, CA

(707) 526-3150

- 6-9 months; 25 bed capacity
- Adult women (no children).
- Accepts private pay and county-funded clients

#### **A Step Up (Community Support Network)** 420 E. Cotati Avenue, Cotati, CA

(707) 795-4336

- 6-9 months; 7 bed capacity
- Adult co-ed, specializing in Dual Diagnosis. Requires referral from Sonoma County Mental Health Division.
- Accepts private pay, insurance and county-funded clients.

#### **Women's Recovery Services** Santa Rosa, CA

(707) 527-0412  
[www.womensrecoveryservices.org](http://www.womensrecoveryservices.org)

- 90-270 days; 20 bed capacity
- Women and children; Dual Diagnosis Capable
- Accepts private pay, insurance and county-funded clients

#### **Campobello** 3250 Guerneville Rd. Santa Rosa, CA 95404

(707) 579-4066  
[www.campobello.org/](http://www.campobello.org/)

- Detox, Day/Partial, and Residential Treatment
- Extensive Programming
- Accepts private pay and insurance (not a low-cost agency)



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## ***Licensed Detoxification Programs:***

### **Turning Point Orenda Detox Program (DAAC)**

1430 Neotomas Drive, Santa Rosa, CA 95401

- 15 bed capacity
- Adult co-ed; based on social model of treatment care
- Accepts private pay, insurance and county-funded clients. *No one turned away for lack of funds.*

(707) 565-7460

[www.daacinfo.org](http://www.daacinfo.org)

## ***Unlicensed Residential Programs:***

### **Redwood Gospel Mission**

Santa Rosa, CA

- *The New Life Program* (men only), 10-14 months
- *Manna Home* (women only) 10 months, 12 bed capacity
- Christian-oriented, non-smoking
- No charge, based on need

[www.srmission.org](http://www.srmission.org)

(707) 542-4817

(707) 576-1471

### **Lytton Springs Adult Recovery Center (Salvation Army)**

200 Lytton Springs Road, Healdsburg, CA

- 180-270 days; 110 bed capacity
- Men only; Christian-based program, work therapy
- No charge to those who qualify

(707) 433-7404

### **Victory Outreach**

525 Roseland Avenue, Santa Rosa, CA

- 90 days plus; 14-20 bed capacity
- *Adults, with men-only and women-only facilities*
- Christian recovery principles (bible and faith based);
- Requires one year commitment to sober living residence and bible study

(707) 541-0978

## **ADDITIONAL RESOURCES**

**Alcoholics Anonymous (AA)**

**(707) 544-1300**

[www.sonomacountyaa.org/](http://www.sonomacountyaa.org/)

**Al-Anon (friends/family members)**

**(707) 575-6760**

[www.ncwsa.org/](http://www.ncwsa.org/)

**Adult Children of Alcoholics (ACA)**

**(707) 763-2581**

[www.allone.com/12/aca/](http://www.allone.com/12/aca/)

**Narcotics Anonymous**

**(707) 575-7831**

[www.sonomacountyna.org/](http://www.sonomacountyna.org/)