



**Disillusioned
post fire?
Overwhelmed?**

**You're not
alone.**

Community Support Groups for Fire Survivors - FREE

Led by Licensed Marriage and Family Therapists

Are you feeling disillusioned as a result of the impact of the fire on your life? Are you overwhelmed by the tasks you face? Does it feel like you will never get through this? Sharing with those who have suffered similar losses can help. The group is limited to those who have experienced those losses (home, car, pet, loved one, business) firsthand.

- Saturdays, 3:00 to 4:30 PM
- Location: [Catholic Charities](#), at 987 Airway Court in Santa Rosa. Map [here](#).
- No meetings on holiday weekends, including Easter, Memorial Day, July 4th, Labor Day, Thanksgiving, Christmas, and New Year's.

Please register for one or more groups at RECAMFT.org. For more information or questions please send an email to therapy@recamft.org. **However if you are unable to pre-register, please just come and join us.**

Learn more online: <http://recamft.org/Current-Events>



Empowering relationships...

Redwood Empire Chapter

of California Association of Marriage and Family Therapists