

# Community Support Groups for Fire Survivors - FREE

## Led by Licensed Marriage and Family Therapists



Our community has come together in remarkable and beautiful ways since the fires. However many who have lost their loved ones, pets, homes, and possessions are struggling with their grief, stress, and sense of loss.

Sonoma County licensed therapists are offering supportive grief groups for those who want to express their grief, tell their stories, and be with others who have had similar losses. This is not group therapy, but rather a chance to listen and speak the sense of loss we feel as a result of the fires. The group is limited to those who have experienced those losses firsthand.

The groups are sponsored by Redwood Empire California Association of Marriage and Family Therapists ([RECAMFT.org](http://RECAMFT.org)), and will be held at Catholic Charities, and if there is interest, in other locations as well. They will be held on:

- Sat., February 3, 2018, 3:00 to 4:30 PM
- Sat., February 10, 2018, 3:00 to 4:30 PM
- Sat., February 17, 2018, 3:00 to 4:30 PM
- Sat., February 24, 2018, 3:00 to 4:30 pm
- Location: [Catholic Charities](#), at 987 Airway Court in Santa Rosa. Map [here](#).

Please register for one or more groups at [RECAMFT.org](http://RECAMFT.org). For more information or questions please send an email to [therapy@recamft.org](mailto:therapy@recamft.org). However if you are unable to pre-register, please just come and join us.

Learn more online: <http://recamft.org/Current-Events>



Empowering relationships...

**Redwood Empire Chapter**

of California Association of Marriage and Family Therapists