

~RECAMFT THERAPY GROUPS~

~Sept/Oct/Nov 2021~

~~~GROUPS FOR WOMEN~~~

WOMEN'S GROUP, Renée Owen, LMFT. Ongoing, for clinicians and non-clinicians. Be enriched, inspired & energized. Develop & deepen intimacy skills. Support & process work, goal setting. Now Online. 25+ years experience. 415-453-8117 or reneeowen@sbcglobal.net.

DIVORCE GROUPS FOR WOMEN ONLY, Susan Pease Gadoua, LCSW. Ongoing biweekly groups provide community, emotional support and information- all stages divorce or separation. Topics: self-esteem, empowerment and recovery from difficult feelings situations. 415-448-6242.

RELATIONSHIP INSIGHT GROUP, Susan Pease Gadoua, LCSW. Ideal for any woman who is ready to change unhealthy relationship patterns. Bring to light outdated beliefs and perceptions that set women up for unfulfilling, sometimes abusive situations. 415-448-6242.

WEIGHT LOSS & WT MAINTENANCE GROUP, Jean Hayes, LMFT. Gain tools and develop strategies for successful weight loss long-term maintenance. Food plans emotional ups & downs 12-wk am/pm in Novato 415-897-1348

WOMEN'S Telehealth PROCESS GROUPS, Lois Friedlander, LMFT 27235, CGP. Offers support + community. Integrates psycho-dynamic, interpersonal models. For: Individual clients, Professionals & grad students. Explore creating relationships in the 'here+now' moment. Experienced confident facilitator. Wed/Thurs eves. Ongoing. 415 383 3337

WOMEN'S SEXUALITY PROCESS GROUP, Natashia Fuksman, LMFT.
beg 6.23.21, Wkly, Wednesdays 5:15-6:30pm
Adult women w/i California. \$75 per group, 6 month min commitment.
<http://www.natashiamft.com/services> or natashiamft@gmail.com

~~~GROUPS FOR MEN~~~

MEN'S SUPPORT GROUP, Bob Casanova, Psy.D.
Ongoing men's group to understand better the challenges of midlife, addictive behaviors & gender differences, counter isolation, manage anger & explore relationship techniques. Tues. 6:30-8pm. 707-544-7000 or www.bobcasanova.com

MEN AND RELATIONSHIPS, David Kest, LMFT
Heartfelt Zoom meetings. Practice mindfulness, safe conversations & relationship skills to promote healing & growth. Ready for the next level through support & compassion? Wed, 7-9pm. San Rafael. 415 246 1739

MEN'S GROUP FOR TRUE SELF-CONFIDENCE Samuel Bernier, LMFT. Weekly men's groups for developing clarity, empowerment, and authenticity using meditation and relational practices. I help men achieve their goals by becoming more fully themselves. 707-800-9857 or www.sambernier.com/groups

~~~COED GROUPS ~~~

INTIMACY GROUPS & SINGLES GROUP, Renée Owen, LMFT. Ongoing groups for singles, in relationship, or married. Also 9-wk grp for Singles. Create more success in relationships. Clinicians welcome. Now Online. 25+ years experience. 415-453-8117. reneeowen@sbcglobal.net.

SUBSTANCE ABUSE EDUCATION/SUPPORT GROUP, Dr. Jean Hayes, LMFT. For those contemplating use or abuse of substances, alcohol, drugs, food, pills, sex, shopping, gambling, & effects on lives. 12-wks. Novato. 415-897-1348

BARIATRIC SURGERY/ EDUCATION SUPPORT GROUP, Dr. Jean Hayes, LMFT. For those contemplating weight loss surgery and for those postsurgery, to establish new eating habits for weight loss and successful maintenance. 12-wk am & pm in Novato. 415-897-1348

~~~CHILDREN, TEENS, & PARENTING GROUPS~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON PAGE 3

~~~WORKSHOPS & TRAININGS~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON PAGE 3

~~~SPECIALTY GROUPS~~~

UNDERSTANDING & COPING WITH ANXIETY AND DEPRESSION, Ashley Coover, Trainee, Katalin Szabo, Pre-Doctoral Intern. Supervisor Dylan Kersh, LMFT. CIP, San Rafael, Wed 6:00-7:30pm. Zoom for now. (415) 459-5999 x450

HORSE/ANIMAL SUPPORTED THERAPY GROUP, Dr. Jean Hayes, LMFT. Therapeutic skills and problem solving for new possibilities, learned and practiced through interacting with unique and friendly horses and farm animals for adults, adolescents and youth. 415-897-1348.

ADULT ADHD ONLINE, Holly Seerley, LMFT 12 weeks. Executive Functioning skills: organizing, planning, and managing time. 415-383-6656

SKILLS FOR COUPLES, Holly Seerley, LMFT Online. Neuroscience! De-escalate, feel safer, stop reactive patterns. 415-383-6656

~~GROUPS FOR THERAPISTS~~

CO-LED THERAPY GROUP FOR MATURE THERAPISTS, Geraldine Alpert, PhD & Elaine Cooper, PhD, LCSW. One opening in high functioning group w/ psychodynamic/interpersonal orientation on Wed.am., San Rafael. 4 mn and 3 wmn. [415-497-9479](tel:415-497-9479).
Geraldine.alpert@gmail.com

Soul Circles 9-month Group Cycle

Soul Circles Will Help You:

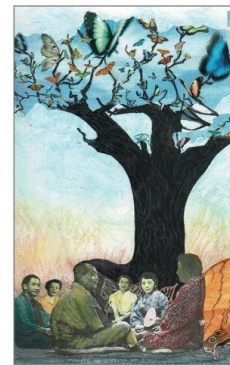
- Enjoy meaningful play through creative expression
- Connect deeply with your creative intelligence
- Create intentions that set you on your true path
- Reimagine your future in uncertain times
- Find support in our creative community
- Engage in soulful & healing conversations
- Harmonize your heart, soul, and body rhythms

Starts September 14, 2021: Tuesday group, 1:00 - 3:15 pm PDT

Starts September 15, 2021: Wednesday group, 6:15 - 8:30 pm PDT

\$300/mo (9-month commitment required)

Complimentary pre-participation interview required for new group members. Limited group size. Held online.



**For further details and to register, contact Shira Marin at shiramarinphd@gmail.com
shiramarinphd.com/workshops/soulcircles**

~~~CONSULTATION GROUPS~~~

CONSULTATION GROUPS, Renée Owen, LMFT.
Practice building, general case consult and group therapy consult. Get help creating a thriving practice or running groups. 1x/mth, Now Online. 25+ years experience.
415-453-8117 or email reneewowen@sbcglobal.net

BI-MONTHLY CONSULTATION GROUP, Geraldine Alpert, PhD, formerly Dir. Post-Doc Training at Kaiser, Assoc. Clin Prof. of Psychiatry at UCSF, Dir. of Group Therapy at McAuley Neuro psychiatric Inst. Input/support. [415-497-9479](tel:415-497-9479).
Geraldine.Alpert@gmail.com

THERAPY GROUP AD SUBMISSION GUIDELINES

Group Therapy Classified Ads is quarterly insert in the print & online editions of the **Mar., Jun., Sept. & Dec.** issues of RECAMFT's newsletter: **NEXT DEADLINE: November, 1, 2021 (for DEC/JAN/FEB 2021/2022 issue)** **STEPS TO SUBMIT CLASSIFIED LINE ADS:**

- (1) Renew OLD ads by following **Step 5** below (just mail your check; no email or hard copy needed).
- (2) Format your **NEW** ad: Maximum 6 lines, 50 characters per line, including spaces and punctuation; avoid hyphens. **Please adhere to these limits.** Please do not add additional bold or caps to your ad.
- (3) Specify the section in for your **NEW** ad: Groups for Women; Groups for Men; Coed Groups; Children, Teens, Parenting (one section); Specialty Groups; Groups for Therapists; Consultation Groups; Workshops & Trainings.
- (4) Email **NEW** ads in body of email (NO ATTACHMENTS) to reneewowen@sbcglobal.net prior to deadline. Type **RECAMFT THERAPY GROUPS** in subject line; AND mail hard copy of your ad with check (per step 5).
- (5) Mail your check payable to RECAMFT to Renee Owen, 1703 Fifth Avenue #101, San Rafael, CA 94901.

STEPS TO SUBMIT DISPLAY ADS:

- (1) Renew OLD ads by following step 5 above (just mail your check & a note that it is a display ad.)
- (2) Email your NEW Display Ad to Lindsay Kenny at recamftnews@gmail.com (cc to reneewowen@sbcglobal.net) prior to deadline. Please type **"RECAMFT Therapy Groups Display Ad"** in the subject line & mail hard copy of ad with check to Renee Owen, 1703 Fifth Avenue #101, San Rafael, CA 94901.

COST (LINE ADS):

RECAMFT (& MCAMFT) Members: \$20 first listing, \$10 each additional listing (in same issue).

Non-Members (& nonprofits, institutions, & agencies): \$25 first listing, \$15 each additional listing.

COST (DISPLAY ADS):

Half Page (3.5" x 9.5") = \$110

Quarter page (3.5" x 4.5") = \$60

QUESTIONS: Line Ads - Renee Owen 415-453-8117

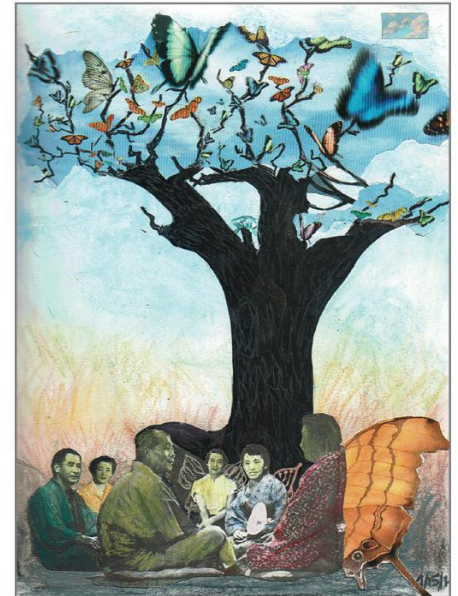
Display Ads - Lindsay Kenny @ recamftnews@gmail.com

Clinicians Only Professional Development Group

Attachment Styles & the Neuroscience of Creative Intelligence

A Depth-Psychology Expressive-Arts Process

Designed to help you build a fulfilling practice that is sustainable personally and professionally



9-Month Group Cycle Begins September 17

Friday group, 12:30-2:45 PDT, 3:30-5:45 EDT

Please be cognizant of your time zone

\$300/mo. | 9 month commitment required

Group size limited to 8 people. Held Online.

Led by Shira Marin, Ph.D., LMFT, CGP (15972)

For further details and to register, contact Shira Marin: 415-488-5557

Now Forming! Women's Interpersonal Process Group

Thursday evenings 5:30pm - 7 pm

Process groups:

- Offer support + community during times of isolation
- Provide a safer, confidential setting to share our stories + emotional lives
- Allow us to focus on what's happening between people in the moment
- Ponder the ways we form and foster relationships
- Share our hopes and dreams for better social connection
- Provide a forum to share anxieties, grief, celebrations, or melancholy

Members Learn How To:

- Improve communication skills
- Expand their emotional lives
- Begin new relationships and decrease isolation
- Repair ruptured relationships
- Change unproductive relational behavior patterns

Fee: \$80 (90 min) - Sliding scale available

Contact me for a complimentary 20 minute phone consultation **415-383-3337**

Screening meetings are necessary prior to group participation to ensure a good match of group membership.

Find out more on my website: www.loismft.com



Lois Friedlander, MFT is an experienced clinician + confident Certified Group Psychotherapist, member of the clinical faculty, UCSF Dept. of Psychiatry, Faculty of the Group Psychotherapy Training Program @ The Psychotherapy Institute. She has been a workshop presenter at the American Association of Group Psychotherapy and developed graduate level group dynamics curriculum at the California Institute for Integral Studies.