

RECAMFT THERAPY GROUPS

~MAR/APR/MAY 2023~

~~~GROUPS FOR WOMEN~~~

WOMEN'S GROUP, Renée Owen, LMFT. Ongoing, for clinicians and non-clinicians. Be enriched, inspired & energized. Develop & deepen intimacy skills. Support & process work, goal setting. Now Online. 25+ years experience. 415-847-1353 or reneeowen@sbcglobal.net https://therapists.psychologytoday.com/183422

DIVORCE GROUPS FOR WOMEN ONLY, Susan Pease Gadoua, LCSW. Ongoing, Online biweekly groups provide community, emotional support and information- all stages divorce or separation. Topics: self-esteem, empowerment and recovery from difficult feelings & situations. 415-448-6242.

WOMEN'S RELATIONAL PROCESS GROUPS, <u>Lois</u> <u>Friedlander</u>, MFT Tues. 5:15pm and Wednesday 5:45pm eves, Goals: Decrease isolation, enhance social skills. Integrates psycho-dynamic, interpersonal models. Ages: late 20's to mid 50's. Experienced, certified facilitator. Contact: 415-383-3337 lois@loismft.com http://www.loismft.com/

WOMEN'S SEXUALITY PROCESS GROUP, Natashia Fuksman, LMFT, CST. Meets Wkly, Tues 9:15-10:30am & Wed 5:15-6:30pm. Open to Adult women w/i CA. Sexuality as: self-care, body love, relational intimacy, sex over life span, etc. \$75/group, 6 mth commitment. http://www.natashiamft.com/services or natashiamft@gmail.com

~~~GROUPS FOR MEN~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON LAST PAGE

~~~CHILDREN, TEENS, & PARENTING GROUPS~~~

MOTHER'S SUPPORT GROUP, <u>Deanna Bernard</u>, LCSW. 10 week online session evening group Nurture the nurturers!

Call or text 707-749-0022.

email: <u>TeletherapyLCSW@protonmail.com</u> website: <u>www.DeannaBernard.com</u>

ATTACHMENT VITAMINS PARENTING GROUP, Christy Livingston, LMFT and Lida Hughes, AMFT. 10-week program developed by UCSF on strengthening parent-child bond. Clinicians welcome. In-person Jan 2023, father's in-person Feb 2023, online option available. 707-395-7550 www.bridgestounderstanding.org

~~~COED GROUPS~~~

INTIMACY GROUPS & SINGLES GROUP, Renée

Owen, LMFT. Ongoing groups for singles, couples, or married. Also 9-wk grp for Singles. Create more success in relationships. Clinicians welcome. Online. 25+ years experience. 415-847-1353. reneeowen@sbcglobal.net https://therapists.psychologytoday.com/183422

~~~SPECIALTY GROUPS~~~

MIXED GENDER RELATIONAL PROCESS GROUP, Lois Friedlander, MFT, Decrease isolation, enhance social skills. Integrates psycho-dynamic, interpersonal models. Late 20's to mid 50's. Explore relational & behavioral style w/others. Thurs 5:15pm 415-383-3337 http://www.loismft.com/

ENNEAGRAM EXPLORATIONS & INQUIRY GROUP FORMING Harriet Katz, LCSW. 33+Yrs Diamond Approach.
Deepen your Integration of psyche-soul body & spiritual dimension thru somatic inquiry, Clinicians welcomed. Zoom Call/Txt 707-544-8879 www.TotalBeingPsychotherapy.com

~~~GROUPS FOR THERAPISTS~~~

CO-LED THERAPY GROUP FOR MATURE THERAPISTS, Geraldine Alpert, PhD & Elaine Cooper, PhD, LCSW. One opening in high functioning group w/ psychodynamic/interpersonal orientation on Wed.am. San Rafael. 4 mn and 3 wmn. 415-497-9479

SOMATIC THERAPY GROUP FOR THERAPISTS. Wowlvenn Seward-Katzmiller, LMFT, SEP. Mondays AM, Sebastopol. Explore movement, touch, nervous system tracking. 707-787-0402

BURNOUT PREVENTION GROUP, Renée Owen, LMFT

#35255. Get consult and support on how to prevent burnout and sustain a practice that helps you Thrive! Meets 1x/mth, Now Online. 25+ years experience. 415-847-1353 or

reneeowen@sbcglobal.net

https://therapists.psychologytoday.com/183422

~~~WORKSHOPS & TRAININGS~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON LAST PAGE

~~~CONSULTATION GROUPS~~~

CONSULTATION GROUPS, Renée Owen, LMFT.

Practice building, general case consult and group therapy consult. Get help creating a thriving practice or running groups. 1x/mth, Now Online. 25+ years experience. 415-847-1353 or email reneeowen@sbcglobal.net https://therapists.psychologytoday.com/183422

BI-MONTHLY CONSULTATION GROUP, Geraldine

Alpert, PhD, formerly Dir. Post-Doc Training at Kaiser, Assoc. Clin Prof. of Psychiatry at UCSF, Dir. of Group Therapy at McAuley Neuro psychiatric Inst. Input/support. 415-497-9479 Geraldine.Alpert@gmail.com

CONSULTATION FROM A SOMATIC & SPIRITUAL ORIENTATION Harriet Katz, LCSW Explore the Enneagram while deepening & learning about it to help guide understanding with the unfolding nature of the soul & its impact on our process. Call or Txt 707-544-8879 www.TotalBeingPsychotherapy.com

SOMATIC CONSULTATION GROUP FOR THERAPISTS. Wowlvenn Seward-Katzmiller, LMFT, SEP. Thursdays AM,

Sebastopol. All somatic levels welcome. General concepts reviewed, specific cases and questions explored. 707-787-0402

AD SUBMISSION GUIDELINES

Group Therapy Classified Ads is a quarterly insert in the online editions of the Mar., June, Sept. & Dec. issues of RECAMFT's newsletter:

NEXT DEADLINE: May, 1, 2023 (for JUNE/JULY/AUG 2023 issue)

STEPS TO SUBMIT CLASSIFIED LINE ADS:

- (1) Renew OLD ads by emailing Renee and for payment follow **Step 5** below.
- (2) Format your **NEW** ad: Maximum 6 lines, 50 characters per line, including spaces and punctuation; avoid hyphens. **Please adhere to these limits.** Please do not add additional bold or caps to your ad.
- (3) Specify the section in for your **NEW** ad: Groups for Women; Groups for Men; Coed Groups; Children, Teens, Parenting (one section); Specialty Groups; Groups for Therapists; Consultation Groups; Workshops & Trainings.
- (4) Email **NEW** ads in body of email (NO ATTACHMENTS) to <u>reneeowen@sbcglobal.net</u> prior to deadline. Type **RECAMFT THERAPY GROUPS** in subject line
- (5) SUBMIT ONLINE PAYMENT SEE www.recamft.org/Purchase-Therapy-Group-Ads

STEPS TO SUBMIT DISPLAY ADS:

- (1) Renew OLD ads by emailing Renee and following Step 5 above (SUBMIT ONLINE PAYMENT)
- (2) Email your NEW Display Ad to therapy@recamft.org (cc to reneeowen@sbcglobal.net) prior to deadline. Please type "RECAMFT Therapy Groups Display Ad" in the subject line & email copy of ad with online payment info to: reneeowen@sbcglobal.net

COST (LINE ADS):

RECAMFT (& MCAMFT) Members: \$20 first listing, \$10 each additional listing (in same issue). Non-Members (& nonprofits, institutions, & agencies): \$25 first listing, \$15 each additional listing.

COST (DISPLAY ADS):

Half Page $(3.5" \times 9.5") = 110 Quarter page $(3.5" \times 4.5") = 60

OUESTIONS:

Line Ads - Renee Owen at <u>reneeowen@sbcglobal.net</u> Display Ads - <u>therapy@recamft.org</u>

Interpersonal Process Groups

Women's Group - Tuesday 5:15pm Women's Group - Wednesday 5:45pm Mixed Gender - Thursday 5:15pm

Process groups:

- · Offer support + community during times of isolation
- Provide a safer, confidential setting to share our stories + emotional lives
- · Allow us to focus on what's happening between people in the moment
- · Ponder the ways we form and foster relationships
- Share our hopes and dreams for better social connection
- · Provide a forum to share anxieties, grief, celebrations, or melancholy

Members Learn How To:

- · Improve communication skills
- · Expand their emotional lives
- Begin new relationships and decrease isolation
- Repair ruptured relationships
- · Change unproductive relational behavior patterns

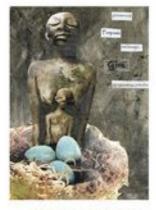
Fee: \$80 (90 min) - Sliding scale available

Contact me for a complimentary 20 minute phone consultation 415-383-3337

Screening meetings are necessary prior to group participation to ensure a good match of group membership.

Find out more on my website: www.loismft.com

Lois Friedlander, MFT is an experienced clinician + confident Certified Group Psychotherapist, member of the clinical faculty, UCSF Dept. of Psychiatry, Faculty of the Group Psychotherapy Training Program @ The Psychotherapy Institute. She has been a workshop presenter at the American Association of Group Psychotherapy and developed graduate level group dynamics curriculum at the California Institute for Integral Studies.

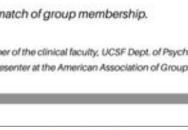


Online/small group size.

Partial scholarships available based on need.

Must attend all 12 sessions.

Only simple tools are necessary. Possible visual journaling supplies: shiramarinphd.com/supplies



A New Offering from Soul Circles Color Me Human

Visual Journaling & Group Process for Personal Exploration

Led by Shira Marin, PhD, LMFT, CGP (15972)

An invitation to a safe, creative conversation about Identity, Color, Culture and what it means to belong as an individual & a member of society

> Friday Morning Group 10:15 am - 12:30 pm PDT March 17- June 2, 2023

Cost: \$315/month by March 10

A complimentary pre-participation interview is required.

To register or for more information visit shiramarinphd.com/workshops/human