

Al-Anon Family Groups, Sonoma County Electronic, Hybrid, & In Person meetings January 5, 2022

If You Are Concerned About Someone Else's Drinking, Al-Anon Can Help

Learning to Live One Day at a Time

The message of the AL-ANON Family Groups is one of hope. It is the story of men and women who once felt helpless, lost and lonely because of the alcoholism of a loved one. Today, these men and women have courage and confidence. They have learned about the simple things they can do to help themselves and which indirectly can help their alcoholic relatives, whether sober or not.

Teenage groups, known as ALATEEN (ages 13-19) are a vital part of the AL-ANON Family Groups. Young people seeking help with problems that arise when alcoholism affects a parent or other close relative or friend, meet to exchange experiences and to gain an understanding of the alcoholic. This helps them to keep their own lives and personal development from being affected too deeply by close association with an alcoholic.

SUNDAY

9-10:15 am, Healdsburg Zoom Meeting ID 535 118 1847, Password: 62149. Call in: 1-669-900-6833. Questions, contact: HealdsburgSunday9am@gmail.com

7-8:15 pm, Petaluma Zoom Meeting ID 714 390 945 Password: 784259. Call in: 1-669-900-6833

7-8 pm, Santa Rosa Zoom Meeting ID 648 006 710, Password: sunday. Call in: 1-669-900-6833, Passcode: 122132. Questions, call 707-480-3811

MONDAY

8-9 am, Sebastopol Zoom Meeting ID 563 572 1216. Password 244337

9:30-11 am, Santa Rosa Women's Group Zoom Meeting ID 269 247 524

6-7 pm, Petaluma Book Study Zoom ID: 856 5275 2080

7-8:30 pm, En Español Despertar Espiritual Zoom ID: 490 289 6353. Password: alanon. Para informacion, Piedad 707-548-4052

7-8 pm, Napa, En Español, Volver a Empezar Von Brandt Neighborhood Center. Para informacion, llame 707 738-5940 or 304-4477. Cuidado de niños cuando no sea dia de fiesta.

7-8 pm, Sonoma Zoom Meeting URL: <https://us04web.zoom.us/j/970197133>

7 pm, Sonoma & Napa **ALATEEN** Zoom Meeting. Ages 13-19. To join meeting, email: AlateenOutreach@sonapal-anon.org for confidential Zoom ID & password

7-8:15 pm, Newcomers & Oldtimers alike. Santa Rosa Zoom ID 851 6430 3537. Password: Mondaynite. **HYBRID** meeting at St. Luke's Lutheran Church, 905 Mendocino Ave.

7:30-8:45 pm, Santa Rosa Parents Zoom Meeting ID 545 357 143. Password: parents

TUESDAY

4-5 pm, Sonoma Step Study w/Tradition of the month on the first Tuesday, Zoom meeting ID 835 8644 7606. Passcode 826822. Newcomers welcome.

4 pm, Sebastopol, Serendipity. Seb Community Church, Fellowship Hall. **IN PERSON**, proof of vaccination, masks, spacing required.

6:30-7:30 pm, Santa Rosa Serenity Circle AFG Zoom Meeting ID 118 9024 86. Password: circle.

6:30-7:30 pm Petaluma Keep It Simple, 7th Day Adventist Church, 2695 Petaluma Blvd N. **IN PERSON** meeting w/ masks and social distancing. Questions? Laura 707-495-9494 Chips 4th week of each month. (this is an open meeting, wheelchair accessible). Closed on holidays

7-8:30 pm, En Español, Despertar Espiritual Zoom ID 490 289 6353. Call Piedad 707-548-4052

7-9 pm, Sonoma, En Español Valor Para Cambiar, Zoom <https://us02web.zoom.us/j/6628341772>. Informacion, llame Piedad 707-548-4052

7 pm, Rohnert Park, Serenity in Recovery for Women, Zoom Meeting ID 475 866 519. Password: 031781. Call in: 1 669-900-6833. Info Catherine F, 707-481-4392

7:00 pm, St Helena, One Step at a Time, Grace Episcopal Church, 1314 Spring St. **IN PERSON**

7:15-8:30 pm, Santa Rosa Zoom Meeting. Tuesday Night Hopper Avenue. ID 882-95-4641

WEDNESDAY

10-11:15 am, Courage to Change, Sebastopol. Zoom ID 891 508 9394, Password: 482270

1-2:15 pm, Santa Rosa Step Study, Sequoia Gardens Mobile Home Park, 433 Fulton Rd, enter driveway, go left to small clubhouse in the back. **IN PERSON** w/vaccination proof, mask, spacing.

HYBRID: Meeting in person and online simultaneously (Zoom or Call in)

continued 

Wednesday continued

7-8:15 pm, Santa Rosa Woman's Group Zoom Meeting ID 833 9593 5302. Password: Wednight
7-8:15 pm - Petaluma Wednesday Night Recovery Zoom Meeting ID 861 7614 8421. Password: 123789. No meeting on holidays. **HYBRID**: 7th Day Adventist Church, 2695 Petaluma Blvd. North. Masks required
7:30-8:30 pm, Kenwood Zoom Meeting ID 495 564 3918. Password: winsome

7-8:30 pm, Santa Rosa, En Español, Despertar Espiritual. Zoom ID 735 110 94803. Password: SOLOPORHOY (all caps). llame Piedad 707-548-4052

THURSDAY

12:30-1:45 pm, Santa Rosa Zoom Meeting ID 961-310-198. Password: thursday. Dial in 1-669-900-6833
4-5:15 pm, Sebastopol Zoom Meeting ID 563-572-1216. Password: 244337
6-7 pm, Petaluma 11th Step Meeting Zoom ID 766 446 3489 9619. Password: 130369
7-8 pm, Santa Rosa, New Beginnings. Friends Meeting House, 1647 Guerneville Road, **IN PERSON** w/masks & spacing & vaccination. Info: Paula, 707-526-3453
7 pm, Santa Rosa, Men's Group, new location, Church of the Incarnation, 550 Mendocino Ave, (rear of the church on Cherry St. The meeting room is located adjacent to the Church parking lot.) **IN PERSON** w/mask & spacing.

FRIDAY

9-10 am, Sebastopol Coueage to Change, Zoom ID 563 572 1216. Password: 244337. **HYBRID** Community Church of Sebastopol, 1000 Gravenstein Hwy N at Danmar Dr. Fellowship Hall. Inside, w/masks & vaccine, info: Laura Jane: laura.fontan@alumni.dominican.edu, or call Ken 707-235-2895, or Ruth 707-590-5078
10-11:30 am, Petaluma Zoom Meeting ID 873 7663 2929. Call in: 1 669 900 9128. Password: ANON9x2. Info: call Adam L, 415-988-2247
7 pm, Sonoma, United Methodist Church, 109 Patten St. **IN PERSON** w/Vaccination proof, mask, spacing.
7-8 pm, Napa Zoom Meeting ID 983 876 231 Call in: 1 669-900-6833
7-8 pm, Santa Rosa. St Luke Lutheran Church, 905 Mendocino Ave. **IN PERSON** w/mask & spacing. Questions? Call Andy, 707-755-0685

Friday continued

7-8:30 pm, En Español Santa Rosa Despertar Espiritual Zoom Meeting ID 735 110 9480. Password: SOLOPORHOY (all caps). Call Piedad 707-548-4052
7-9 pm, En Español Napa Vive y Deja Vivir. Para informacion llame 707 337-0197. Cuidado de ninos
7-8 pm, Sonoma Zoom Meeting ID 970 197 133. AA participation on 5th Friday of month

SATURDAY

9:30-10:30 am, Santa Rosa Surrender Zoom Meeting ID 753 53625755. Password: cSx75D. One tap mobile 1-669-900-9128. **HYBRID** St. Luke Lutheran Church, 905 Mendocino Ave., North/South Rooms, enter parking from Denton Way. No childcare at this time.
10-11:15 am, Guerneville, Zoom Meeting ID 308 141 1197. Password: 767747. Information email: satguernevilleafg@gmail.com
10:30-11:30 am, Sonoma, St. Andrews Presbyterian Church, 16290 Arnold Drive Room 106. **IN PERSON**
11-12:30 pm, Rohnert Park Awareness Group, Zoom Meeting ID 999 000 1951. Contact email: SaturdayAwareness@gmail.com
6-7:30 pm, Santa Rosa. Al-Anon Adult Children, Conference call 339-209-6239. No access code needed.



This schedule is a temporary schedule and subject to changes until we begin meeting in person.

Al-Anon / Alateen 24-Hour Information Lines
Sonoma County 707 575-6760
US & Canada 1 800 344-2666
M-F, 8 am - 6 pm, EST

Websites

Sonoma, Napa Counties: sonapa-anon.org
Northern CA Area: ncwsa.org
World Service Office: al-anon.org

1/5/22

**HYBRID = meeting in person & online simultaneously
(via Zoom or Call in)**